## CALLERLAB MAINSTREAM TEACHING CHECK LIST October 29, 2018-edited February 11, 2019

Club	Instructor																	
Start(	Complete# Students started# Graduated																	
		1											1	T	T			
LESSON CALLS	1	2	3	4	5	6	7	8	9	1 0			1 3		1 5		1 9	
MAINSTREAM PROGRAM	<b>I</b>																	
1. Cloverleaf																		
2. Turn Thru																		
3. Eight Chain Thru Eight Chain 1, 2, 3, etc.																		
4. Pass to the Center																		
5. Thar Family																		
a. Allemande Thar																		
b. Allemande Left to an Allemande Thar																		
c. *Wrong Way Thar																		
6. Slip the Clutch																		
7. Shoot the Star/ Shoot the Star Full Around																		
8. Single Hinge/Couples Hinge																		
9. Centers In																		
10. Cast off 3/4																		
11. Spin the Top																		
12. Walk and Dodge																		
13. Slide Thru																		
14. Fold / Cross Fold																		
15. Dixie Style to an Ocean Way	ve																	
16. Spin Chain Thru																		
17. Tag the Line Family																		
a. Tag the Line (In/Out/Left/Right																		
b. Fraction (1/4, 1/2, 3/4) Ta	ag																	
18. Scoot Back																		
19. Recycle (from a wave only)																		

## SUGGESTIONS FOR USE OF CHECK OFF LIST:

Put an X in the box corresponding to the movement and the night it was introduced.

Put an X in the box corresponding to the movement and the night it was next called and work shopped. Put a / in the boxes when the movement is danced without difficulty and thereafter to keep track of calling the movement

## NOTE: Calls in italic may be deferred until later in the teaching order.

\*Suggested Teaching Order

CALLERLAB recommends that the BASIC & MAINSTREAM Programs, calls 1-68, be taught in not less than 58 hours. We are currently working on a recommended teach time for just the BASIC program. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program. Calls in *italics* may be deferred until later in the teaching sequence.