



A publication of the
**Committee for
Community and Traditional Dance**
of
CALLERLAB
The International Association
of
Square Dance Callers

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2015 CDLS and Convention Welcome Dance Plans

Community Dance Leaders Seminar

We hope you are planning to attend this year's continuation of the annual Beginner Dance Party Leaders Seminars, which began in 2000. The new name reflects a broader focus on both beginner and community dancing. The Community Dance Leaders Seminar (CDLS) will be held Saturday and Sunday, March 28 and 29, 2015 at University Plaza Hotel in Springfield, Missouri. Registration is \$50 and should be done through the Home Office.

Saturday Schedule:

- 09:00 a.m. — Introduction, Open Questions
Bob Riggs and Calvin Campbell, Colorado
- 10:00 a.m. — Dances Done with Four Couples
Calvin Campbell, Castle Rock, Colorado
- 11:00 a.m. — Dance Party Buildup
Dana Schirmer, Berryton, Kansas
- 12:00 noon — Lunch Break On Your Own
- 1:00 p.m. — Marketing, Music, Programming
Otto Warteman, Trinity, Texas
Betsy Gotta, North Brunswick, New Jersey
Bob Riggs, Centennial, Colorado
- 2:00 p.m. — Armstrong Dances
(quadrilles, contras and mescolanzas)
Susan Morris, Redmond, Washington
- 3:00 p.m. — Barn Dances
Tom Crisp, Tucson, Arizona

Sunday Schedule:

- 9:00 a.m. — Trios and More, Otto Warteman
- 10:00 a.m. — Planning, Bob Riggs
- 11:00 a.m. — Genderless Contras for Partys,
Seniors or Schools
Dottie Welch, Lawrencetown, Nova Scotia
- 12:00 Noon — Open Mic – Bring your microphone and music to present a dance appropriate for a party or community dance.

Convention Welcome Dance

On Sunday, March 29 from 3 to 5 p.m., the Committee for Community and Traditional Dance will be hosting the Convention Welcome Dance. This is open to all those arriving to attend the 42nd CALLERLAB Convention.

All interested leaders are encouraged to present a dance appropriate for a Beginner Square Dance Party or a Community Dance. Please contact the MC, Bob Riggs, to arrange a scheduled time. <bob@SquareDanceEtc.com>

Inside This Issue

This issue of the *CD Journal* features the Virginia Reel and some simplified and historical versions. The components of this dance can be traced back at least 300 years. These time-tested sequences continue to delight and have spread through several cultures.

Community Dance Leaders Seminar 2015

March 28 & 29, 2015 in Springfield, Missouri

Gather material and enhance your ability to successfully lead party, community, or limited Basic square dances.

Proper Contra

Virginia Reel (Traditional)

Formation: Proper Contra Lines — facing lines with all gents in the right line facing their partner in the left line. If the reel is included, it is best to limit the line to six couples.

Music: “The Virginia” or other reel or jig.

Usage: This is one traditional version of this dance. If the reel is too challenging, consider the “Virginia No Reel” variation. This variation was written by Calvin Campbell and is listed in *Dancing for Busy People*. It omits one Forward and Back, the Dosado and the Reel, but uses the chasse, follow and arch.

Prompts for the Traditional Dance:

Intro or

57-64 - - - -; Long Lines Forward and Back;

1-8 - - - -; Forward and Back;

9-16 - - - -; Turn partner by the right;

17-24 - - - -; Turn partner by the left;

25-32 - - - -; Turn partner both hands around;

33-40 - - - -; - - Partner Dosado;

41-48 - - - -; Top couples chasse (or strut) to the foot;

49-56 - - - -; - - Chasse (or strut) back to the top;

57-64 - - - -; Top couple Reel the Set;

1-8 - Turn partner right 1 1/2; turn next opposite left;

9-16 - - Turn partner right; - - next opposite left;

17-24 - - Turn partner right; - - next opposite left;

25-32 - - Turn partner right; - - next opposite left;

33-40 - - Turn partner right; - - next opposite left;

41-48 - - Turn partner right half; actives chasse to the top;

49-56 Actives separate and lead own line to foot; - - - -;

57-64 Actives arch and others come up through; - Forward...

Description:

1-8 Dancers walk forward four beats and back up to place.

9-16 Repeat beats 1-8.

17-24 Partners turn by the right arm (pigeon wing hold).

25-32 Partners turn by the left arm.

33-40 Partners join both hands, and turn clockwise once around back to their own side.

41-48 Partners Dosado. (Pass right sides, slide back-to-back, back up passing left sides, and end back in long lines.)

49-56 Just the couple nearest the caller, join both hands and sideways chasse (side, close; side, close; etc.) or join near hands and strut down for eight beats.

57-64 Active couple chasse or strut back to the top.

Reel Continues

The next section is the Reel. Flexible timing is often necessary. Efficient dancers in a six couple set can just complete the reel, and the follow and arch in 64 beats. If late, use 8s.

The active couple right arm turn once and a half around, then each dancer left arm turns with the next opposite dancer down the line. The gent turns with the second lady, and the lady turns with the second gent. The actives return to the center to turn each other by the right arm, then they turn the next opposite dancer with the left. This continues all down the line. They finish the reel by joining both hands to turn half around then chasse back to the top.

The actives then separate and each active dancer walks down the outside of his/her own line leading all the dancers in that line. The actives meet at the bottom of the set to make a two-hand arch. All the other dancers go on below them and join their partner to come up through the arch with the second couple becoming the new top couple. The original top couple is now at the bottom of the set.

Share Your Ideas

Send dance or theme ideas to

Dottie Welch,

dwelch@eastlink.ca

415 Conrad Road

Lawrencetown, NS

Canada, B2Z 1S3

Our goal is to publish
2 or 3 issues of the
CD Journal each year.

Genderless Contra

Caimarusa

South American Folk Dance

Formation: Contra lines with partners facing.

Music: "Caimarusa" (Latin feel)

Usage: This dance is listed in a Brownie/Guide activity book published in 1976. It is described in *Step Lively Dances for Schools and Families* by Marian Rose and the music is included.

Prompts:

A ----; -- *Top couple down;*
----; -- *Come back;*
B *Top Separate;* -- *lead down;*
----; -- *Top couple arch;*
----; *All others go through;*
(New pair at top); Top down;

Description:

Part A (16 counts): Top couple improvises dance steps down the center and back.

Part B (32 counts): Top couple separates and leads a single file Promenade to the foot where the top couple makes an arch and the others go through the arch and dance back to facing lines with a new couple at the top.

CD Journals

Now on the Website

All back issues of the *CD Journal* are now available on the CALLERLAB website.

www.callerlab.org

From the Home Page, select "Documents/General", then "Community Dance Journals" from the list at the right.

The *CD Journal* Index is in Dance Program Documents, Community Dance Program

Proper Contra

Sir Roger de Coverley

The Complete System of English Country Dancing

By Thomas Wilson, London, 1820

Formation: Partners facing in contra lines with ladies in the left line and gents in the right line. More than five couples will have difficulty completing the action in 128 beats.

Music: "Sir Roger de Coverley" or other well-phrased tune.

Usage: The 1820 publication says, "This Dance was composed expressly for a finishing Country Dance about 100 years ago."

Prompts:

Intro or

57-64 ----; *First lady and foot gent forward and bow;*

1-8 ----; *First gent and foot lady do the same;*

9-16 ----; *First lady and foot gent turn by the right;*

17-24 ----; *First gent and foot lady do the same;*

25-32 ----; *First lady and foot gent turn by the left;*

33-40 ----; *First gent and foot lady do the same;*

41-48 ----; *First lady and foot gent two-hand turn;*

49-56 ----; *First gent and foot lady do the same;*

57-64 ----; *First lady and foot gent back-to-back;*

65-72 ----; *First gent and foot lady do the same;*

73-80 ----; *First couple cross, go down around second;*

81-88 *First couple cross again; go down around third;*

89-96 *First couple cross again; go down around fourth;*

97-104 *First couple cross again; go around last;*

105-112 *Firsts chasse up; separate and lead down and arch;*

113-120 *All the rest follow; and come up through the arch;*

120-128 ----; *New first lady and foot gent forward and bow;*

Description:

1-16 The lady at the top and the gent at the foot move diagonally towards each other to meet in the center of the set. They curtsey and bow to each other then return to their original location. Then the gent at the top and the lady at the foot do the same.

17-80 The same four dancers alternately do a right turn, a left turn, a two-hand turn, and a Dosado.

81-112 The top two dancers do a crossing and weaving action down the set by crossing the center and each going around one dancer at the side then crossing again to go around the next dancer on the other side.

113-128 The active dancers chasse back up the set, separate and each leads all the dancers in his/her line down the outside. The actives make an arch at the foot and the others go beyond and up through the arch.

Traditional Square Dance

Newfoundland Reel the Set

Researched by Gloria Roth

Formation: Four couples in a square.

Music: Traditional reel with a Newfoundland flavor if possible, such as "It's the B'y".

Usage: These are parts three and four of a six part Lancer. They can be used as a singing call.

Star Figure Prompts: (Use as a break)

- 57-64 - - - -; **Gents Star Right (8 beats);**
 1-8 - - - -; **Reverse back Left-hand Star;**
 9-16 - - - -; **Pick up partner, Star Promenade;**
 17-24 - - - -; **-- (continue the star);**
 25-32 - - - -; **Gents back out a turn and a half;**
 33-40 - - - -; **Ladies center Star Promenade;**
 41-48 - - - -; **-- (back to Home);**
 49-56 - - - -; **-- Forward and Back;**

Reel Figure Prompts:

- 57-64 - - - -; **First couple California Twirl;**
 1-8 **Second couple wheel in behind;**
Fourth couple wheel in behind second;
 9-16 **All face partner and back away;**
Top couple Reel the Set;
 17-24 **Turn partner right; opposite gender left;**
 25-32 **Turn partner right; next opposite left;**
 33-40 **Turn partner right; last opposite left;**
 41-48 **Actives come up center; all Swing;**
 49-56 **-- Adjust to Home; - Forward and Back;**

Repeat for Second, Third and Fourth Couples.

Description of the Reel Figure:

- 1-8 The active couple does a California Twirl to face out at their home location. Then the couple to their right wheels in to stand behind the active couple.
- 9-16 The couple to the left of the active couple wheels in to become the third couple in line. (The remaining couple is already in position to be the fourth couple in line.) All turn to face partner and back away.
- 17-48 The top couple Reels the Set as described for the Virginia Reel.
- 49-56 All Swing with their partner and couples simultaneously move back to their original location in the square.
- 57-64 All go Forward and Back.

3-5 Couples Contra

Wind and Weave (Choreographer Unknown)

Formation: Contra lines with partners facing. Three to five couples are best for good timing.

Music: Any music with strong 8-beat phrasing. Try "Crackers" on GMP 503.

Usage: This is a simple, genderless dance with ideas similar to those in Sir Roger de Coverley.

Prompts:

Intro or

- 57-64 - - - -; **-- Dosado;**
 1-8 - - - -; **-- Left Dosado;**
 9-16 - - - -; **-- Turn by right arm;**
 17-24 - - - -; **-- Turn by left arm;**
 25-32 - - - -; **Top left dancer U-Turn Back;**

- 33-40 **Lead partner to wind and weave;**
(Around next dancer, across the set;)
 41-48 **(Around next dancer down; across;)**
 49-56 **(Continue to the foot); - - - -;**
For even: Half Turn to end in own line;
Or For three couples: Forward and Back;

Description:

- 1-8 All partners right shoulder Dosado.
- 9-16 All partners left shoulder Dosado.
- 17-24 All partners turn by the right arm.
- 25-32 All partners turn by the left arm.
- 33-56 The top dancer in the line on the prompter's left turns half around and leads their partner in the wind and weave action. Assuming ladies in the left line and gents in the right line — lead around lady #2, across between gent #2 and gent #3, around gent #3, across between lady #3 and lady #4, and around lady #4. Continue in the same way if there are more dancers.
- 57-64 If there are an even number of couples the leading lady will turn to face her partner and they two-hand turn clockwise halfway around so that the active dancers both end in their original line at the foot.
- Dance once through with all the dancers in the left line leading, then repeat for the right line.