



A publication of the
**Committee for
Community and Traditional Dance**
of
CALLERLAB
The International Association
of
Square Dance Callers

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CCTD in Kansas City

BDPLS 2009

The **10th Beginner Dance Party Leaders Seminar (BDPLS)** will begin at 9 am on Saturday and end at 1 pm on Sunday prior to the CALLERLAB Convention in Kansas City, Missouri. Informative sessions are planned on presenting dance events for beginner parties, club open house nights, community dances, and schools. There will be a wealth of dance material, music options, and ideas to enhance your leadership skills.

We are still in the planning stages but the program is taking shape. Our presenters will include Calvin Campbell, Betsy Gotta, Bob Riggs, Stew Shacklette, Dottie Welch, and others. Topics will include Father/Daughter Dances, Making Teaching Easier, Programming Beginner Dances, Modifying Traditional Figures for Modern Singing Calls, and Proper Contras appropriate for use in schools.

Feedback indicates that both new and returning attendees always discover new techniques, material or music that proves useful in their own programs. Join us for an excellent beginning to a productive CALLERLAB Convention experience.

Help Needed

The BDPLS is looking for volunteers to help and would very much appreciate the use of any sound equipment you bring to Kansas City. We need a mini-disk player, a variable speed CD player, and wireless microphones. If you can help, please contact Bob Rigg (see box below).

Community/Contra Dance

Again this year the CCTD has been asked to host the Sunday afternoon Community/Contra Dance for all the incoming callers and partners. We encourage each of you to bring a dance and music that fits this theme. This is your chance to show these dances to your peers. The session will be recorded on audio tape. Please contact the MC, Bob Riggs.

National Dance Association

On April 3, 2009 from 9 am to 4 pm there will be a "Dancing for Busy People" NDA Workshop in the Kansas City Airport Hilton. This will be presented by Calvin Campbell. The fee for CALLERLAB members is \$35 until 3/25/09 and \$45 after. For more information and registration forms go to www.aahperd.org/nda or contact cal@eazy.net.

Beginner Dance Party Leaders Seminar

**April 4 & 5, 2009
Hilton Hotel
Kansas City Airport
Missouri**

**Learn to lead
community, dance party
and educational events
for people of all ages
who have never danced
before.**

**Gather Material
Square Dances
Contra Dances
Line Dances
Mixers & More**

Fee is \$50 per Leader

**For More Information
or to Offer Help
Contact:**

**Bob Riggs
7683 E. Costilla Blvd.
Centennial, Colorado
80112
Bob@sde-co.com
303-808-7837**

Editorial

Sample the Ideas from BDPLS 2008

Happy New Year to all readers! All of the ideas presented in this issue of the CD Journal came from presentations given during the 2008 BDPLS.

Calvin Campbell researched old "Sets In Order" magazines from the 1950s and 1960s in search of unusual square dance figures that used only the basic calls that might be taught at a beginner party.

Ron Nelson presented several traditional dances including the variation of Waves of Torey Contra described here.

Betsy Gotta shared some of her collection of singing call figures for Beginner Parties. These can be used with any suitable music of your choice.

Chuck Jaworski presented a collection of "Easy" Line Dances including the two on the last page. Further research on the internet lead to the discovery of a YouTube demonstration of the "Swingin' Thing" and some clever variations.

We hope to see you in Kansas City and will be reporting on some of this year's ideas in future issues.

Share Your Ideas

Do you have questions
or a favorite
Beginner, Community,
Traditional or Contra dance?

Please send, suggestions
and articles to:
Dottie Welch

dwelch@ap.stmarys.ca

1415 Conrad Road, Lawrencetown,
Nova Scotia, Canada, B2Z 1S3

Our goal is to publish
three issues of the
Community Dance Journal
each year.

Squares

Unusual Square Dance Figures

Researched from "Sets In Order" magazine by Calvin Campbell

Trail of the Lonesome Pine (11/1959) by Don Armstrong (Windsor 4814 or Lloyd Shaw 505-506)

Head two gents take your corner to the middle and back
Same old four Circle Left around the track (in the middle)
Left-Hand Star go back home (same 4 in the middle)
Right-Arm Turn your own (all turn original partner by right)
Left-Arm Turn your corner and you go back home
Dosado Partner, then the Corner you Swing
Promenade her and sing ...

Triple Allemande Variation (6/1952)

Allemande Left & Head Couples Star Right (in the center)
Sides walk around (single file), but not too far (to meet corner)
Allemande Left & Sides Couples Star Right (in the center)
Heads walk around, but not too far (to meet corner again)
Allemande Left, Right and Left Grand, Promenade

Traveling Stars

First Couple out to the right, Star Right with couple #2,
Star Left with Couple #3, Star Right with Couple # 4,
Swing at home. (Repeat for the other 3 Couples)

The "I.Q." (4/1949) by Ray Shaw (Pappy Shaw's brother)

First Couple Bow and Swing
First Gent Out to the Center of the Ring
Bow to the girl to the right of you (Gent #1 Bow to Lady #2)
Right to the girl in back of you (right arm turn original corner)
Left to the girl to the left of you (left arm turn original opposite)
Right to the girl across from you (right arm turn original partner)
Swing the girl you bowed to (Swing original right-hand lady)
And finally Swing your own at home.

Zero Square to Zero Box

3rd Couple Rollaway, Everyone else Promenade Halfway
Couple #1 stop behind #3, Those four Forward and Back
Forward again and stop in the Middle, Face the Sides (Zero Box)

Lazy H Figure

Couple # 1 down the center and Split Two
Separate around 1 to the end of a line of 4 (one line facing caller)
Line of 4 go forward 4 and stand pat.
Sides Right and Left Thru along the line (one on each side)
And Right and Left Back
The line of 4 back up, those Centers Arch and the Ends Dive Thru
Active 2 Separate around 2 to a line of 3
(Man #1 is between Couple #4, Lady #1 is between Couple #2)
Lonesome couple (#3) Swing, and then come down the center
Separate around 1 to a line of 4. Lines of 4 go Forward and Back.
Center four Right and Left Thru and Pass Thru. Allemande Left.

Proper Contra for 5 Couples

Waves of Torey

Origin: The original is an Irish long dance. Torey is an island off the coast of Donegal. The Dip and Dive symbolizes the waves. There are some variations using right/left arm turns and 4-dancer right and left stars in the first 32 beat section. It is not clear which is original.

Usage: The is a 96 beat dance if all goes well.

Formation: Five couples in contra lines, normally all the gents in a line on the caller's right, all the ladies in a line on the caller's left.

Music: Traditionally danced to music in 2/4 time but it does not have a specific tune. "Turkey in the Straw" on Blue Star 2462 or "If You're Irish" on Tarheel 126 slowed down. (7 x 64 will be 32 beats short.)

Prompts:

Intro - - - -, All Forward and Back

1-8 - - - -, -- Pass Right

9-16 -- U Turn Back, -- Forward and Back

17-24 - - - -, -- Pass Left

25-32 -- U Turn Back, -- Top Sashay Down

33-40 - - - -, -- Come Back

41-48 - - - -, -- Cast Off

49-56 - - - -, -- Arch and Come Thru

57-64 - - - -, -- Dip and Dive

65-80 - - - -, - - - - ; - - - - , - - - -

81-96 - - - -, - - - - ; -- Forward and Back

Description:

1- 8 All dance forward towards partner 4 steps, backup 4 steps.

9-16 Pass partner right-side to right-side. Each dancer turn around.

17-24 All dance forward towards partner 4 steps, backup 4 steps.

25-32 Pass partner left-side to left-side. Each dancer turn around.

33-40 **Sashay:** Dancers in the top couple (nearest the music) join both hands with partner and move sideways down the center using a side, close, side, close series of steps. This can be fast or slow as desired using either 16 or 8 steps during the 8 beats.

41-48 Top couple use the same action to come back up the set.

49-56 **Cast Off:** Top couple turn towards the music and then away from each other to move down the outside of their line leading all the other dancers. All the men follow the top man, and all the ladies follow the top lady.

57-64 **Arch:** The leading couple join both hands to make a double arch. The others dive through and move forward to where they started. Partners join inside hands ready to arch.

65-96 **Dip and Dive:** When the 2nd couple reaches the top, they individually turn around and dive through an arch made by the 3rd couple. The 2nd couple immediately stands up and makes an arch for the 4th couple. This Dip and Dive action continues until the 2nd couple have moved all the way to the bottom and back to the top. When any couple reaches either end of the set they turn around and swap hands with partner to start with a dive going the other way. The couple who begin the Dip and Dive might have time to Swing while the others are finishing.

Squares

Singing Call figures for Beginner Parties

From Betsy Gotta

In all cases the action for the Heads may be interchanged with the action for the Sides.

Heads Forward and Back

Sides Forward and Back

Heads Circle Left (in the center)

Sides Circle Right

Corner Dosado

Corner Swing and Promenade

Heads Promenade Full around
the outside of the square

Sides Dosado Opposite in center

Heads Star Right full around

Sides Star Left full around

Corner Dosado

Corner Swing and Promenade

Heads Pass Thru

Heads Promenade Half around
the outside (back to home)

Sides Pass Thru

Sides Separate around 2

Meet partner with a Dosado

Face Corner to Swing

Promenade

Heads Pass Thru

Separate Around 2 to a Line of 4

Go Forward and Back

Pass Thru, U-Turn Back

Pass Thru, U-Turn Back

All 8 Circle Left

Corner Swing and Promenade

Heads Forward and Back

Heads Turn Opposite by the left

Heads Turn Partner by the right

All Allemande Left with corner

Dosado Partner

Corner Swing and Promenade

Heads Circle Left 3/4 in center

Centers Pass Thru

Each 4 Circle Right 3/4

Back away to a Line of 4

Forward and Back

Circle Left

Swing Corner and Promenade

One-Wall Line Dance

Swingin' Thing

By Rita and Jo Thompson, 9/2002

Usage: This is a simple, peppy dance with several clever variations.

Formation: Solo dance that faces only one wall. It can also be danced in "contra" with two facing lines or concentric circles, and this last can be a mixer.

Music: "Be Bop a Lula", "Pride and Joy", or "Steppin' Out" all by Scooter Lee.

Or try "Be Bop a Lula" on Ocean Records 61.

Website: Google "Swingin' Thing" for a YouTube teach and mixer version dance demonstration from Scooter Lee's "Starter Series Level 1" DVD.

<http://www.youtube.com/watch?v=77UN1cAH-Ao>

Prompts: (All begin with the right foot.)

Intro - - - , Walk forward 3 steps and Kick

1-8 - - Back 3 and Touch, - - Walk forward

9-16 - - Back 3 and Touch, - - Sleaze to Right

17-24 - - - - , - Quick Side Closes and Clap 2

25-32 - - - - , - - Walk forward 3 and Kick

Description:

1-8 Beginning with right foot walk forward 3 steps and left low kick or point forward. Beginning with left foot backup 3 steps and touch right foot beside left (do not change weight to right foot).

9-16 Repeat beats 1-8.

17-24 **Sleaze:** Step to side on right, hold 1 beat, step beside right on left, hold 1 beat, step to side on right, hold 1 beat, bring left to right and touch, hold 1 beat. Do this with a hip swivel, shoulder shimmy, or sleazy motion.

25-32 To left step side, together, side, together, side, touch right beside left, and clap, clap.

Two Facing Lines Variation:

Dancers should be slightly offset so that they can come forward to make a long alternately facing line with hands up and each touching the near hand of the dancers on each side (like an Ocean Wave).

Concentric Circles Variation:

One inner circle of dancers back to the center facing and equal number of dancers in an outer circle. Use the same action as above moving forward to touch hands with the dancers on each side.

Concentric Circles Mixer:

Using the Concentric Circle formation, take larger steps during the Quick Side Closes to pass one dancer and come forward between the next pair.

Line Dance

Four Corners Waltz

By Jeanette Thompson (?)

Usage: This is an easy introduction to a few waltz steps. Directing the dancers to sequentially face each of the four corners of the room is simple, different and delightful.

Formation: Solo dance, dancers spread out around the room and face the front wall to begin.

Music: "The Last Cheater's Waltz" on Warner Brothers 49024 or "Yvonne's Waltz", on Chinook 1105

Prompts: (All begin with the left foot.)

Intro - - - , Four Cross Waltzes

1-12 - - - , - - - , - - - , Forward Waltz Box

13-24 - - - , - - Balance, - - - , Four Corners

25-36 - - - , - - - ; - - - , - - -

37-48 - - - , - - - ; - - - , Four Cross Waltzes

Description:

1-6 Beginning with the left foot, cross in front, step to side with right, step on left beside right. With the right foot, cross in front, step to side with left, step on left beside right.

7-12 Repeat beats 1-6

13-18 **Box:** The foot pattern of a box uses the four corners of a square. The starting location is one corner. Step forward with left foot (2nd corner), step to the side with the right foot (3rd corner), close the left foot beside the right foot. Step back with the right foot (4th corner), step on original spot with the left foot, close beside left with right foot.

19-24 **Balance:** Step to side with left foot, step behind left with right, recover onto left. Step to side with right foot, step behind right with left, recover onto right. Simplify by replacing the "step behind" with "step beside".

25-36 **Four Corners:** Step forward and diagonally to left towards left front corner of the room on left foot, close right beside left, change weight again to left (Forward, 2, 3). Step back on right turning 1/4 to left to face the left back corner, close with left, change weight to right (Back, 2, 3). Step forward on left towards left back corner, 2, 3. Step back on right turning 1/4 to left to face the right back corner, 2, 3.

37-48 Step forward towards right back corner, 2, 3. Step back and turn 1/4 to left, 2, 3. Step forward towards right front corner, 2, 3. Step back and turn to face the front wall, 2, 3.