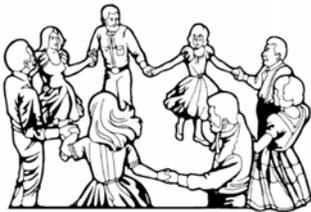


Community

Dance

Journal



A publication of the
**Committee for
Community and Traditional Dance**
of
CALLERLAB
The International Association
of
Square Dance Callers

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February 2008

CCTD in Los Angeles

The Committee for Community and Traditional Dance (CCTD) will have a busy schedule associated with the upcoming 2008 CALLERLAB Convention.

9th Beginner Dance Party Leaders Seminar:

The 9th Beginner Dance Party Leaders Seminar (BDPLS) will be held on the Saturday (9:00 am - 5:00 pm) and Sunday (9:00 am - Noon) prior to the start of the convention.

Staff and Subjects will include:

Calvin Campbell -- Father Daughter Dances
Betsy Gotta -- Singing Calls for Dance Parties
Kappie Kappenman -- Dance Parties
Ron Nelson -- Community Dances
Bob Riggs -- Genderless Dancing
Dottie Welch -- School Dances useable at Parties
Clark Baker -- Youth Dances
Chuck & Becky Jaworski -- Beginner Line Dances

CCTD & BDPLS Saturday Evening Dinner:

A dinner is planned for Saturday evening to allow us to enjoy the company of each other and catch up on what has happened during the last year.

Sunday Afternoon Community/Contra Dance:

Sunday afternoon the CCTD hosts a Community/Contra Dance for all the incoming callers and partners. We encourage each of you to bring dances and music that fits this theme. This is your chance to show your peers these dances. The session will be recorded on audio tape. Please contact the MC, Bob Riggs, Bob@sde-co.com.

CCTD Meeting:

The CCTD meeting will be held at 3:40 pm on Monday, March 17th. We will be discussing the Beginner Dance Party Leader's Seminar, the CD Journal and any other topics that occur.

We hope to see you in L. A.!

Help Needed:

The BDPLS needs volunteers to handle sound and cameras. We are also looking for the loan of a mini disk player and a variable speed CD player as well as wireless microphones. If you can assist with any of these matters please look for details on the next page.

Beginner Dance Party Leaders Seminar

**March 14 & 15, 2008
Marriott Hotel
Los Angeles
California**

**Learn to lead
community, dance party
and educational events
for people of all ages
who have never danced
before.**

**Gather Material
Square Dances
Contra Dances
Line Dances
Mixers & More**

Cost \$50.00 per person

**For More Information
Contact**

**Bob Riggs
7683 E. Costilla Blvd.
Centennial, Colorado
80112**

**Bob@sde-co.com
303-808-7837**

More L. A. Plans

NDA Workshop

Calvin Campbell

In recent years, the BDPLS has started to attract teachers and leaders from the traditional dance community and public school system. Last spring, in Colorado Springs, we had about 20 local traditional dance leaders and public school teachers attend.

This year the National Dance Association (NDA) will sponsor a one-day workshop on the Friday just preceding the BDPLS. The purpose of this workshop will be to introduce teachers to the rudiments of calling, cueing and prompting. These same teachers will be invited to attend the BDPLS held on the following two days. They will also be invited, by CALLERLAB, to attend the Sunday afternoon dance.

Help Needed at BDPLS

The Beginner Dance Party Leaders Seminar needs volunteers to handle sound and cameras. No experience is necessary. We would like to have all sound for the seminar run by one person. This will hopefully eliminate the awkward pauses while speakers try and figure out how to work with strange equipment. Cal will be coordinating the video taping of each session. If you are coming to the seminar and would be willing to help, contact Bob Riggs. (Bob@sde-co.com, 303-808-7837)

If any of you are bringing sound equipment and would be willing to let it be used for the BDPLS we would appreciate the use of it. We need a mini-disk player, and a variable speed CD player. We also need wireless microphones. Once again, contact Bob if you can help.

Theme

Poussettes and Wheelbarrows

Poussette:

Poussette is a term used by both English and Scottish Country Dancers. It comes from the French word *pousse* meaning "a push".

Begin in proper contra lines with all the gents in the right line facing their partners in the left line. Designate groups of four beginning at the top of the line (near the prompter). The couple in each group of 4 nearest the top is couple #1, the other couple is #2.

To begin a Poussette each partner pair joins hands, chest high and with elbows bent. Each dancer should maintain some muscular resistance in the arms. Working within the group of four the #1 gent pushes forward while the #2 gent pulls backward. Once the couples have passed each other the #1 gent and #2 lady slide past each other back-to-back. Then the #1 gent pulls backward while the #2 gent pushes forward. When the two couples have exchanged places a **Half Poussette** has been completed. Continue the motion with #1 gent pulling and #2 gent pushing until gent #2 and lady #1 can slide past each other. Then #1 gent push and #2 gent pull their partners back into the original position. This completes a **Full Poussette**.

To smooth out the action think of the motion as moving along the edges of a diamond. Gent #1 pushes forward and slightly to his right, then pulls back and slightly to his right to the half way point. Then he pulls back and slightly to his left and finishes by pushing forward and slightly to his left.

This same action is sometimes called a **Wheelbarrow Dosado**.

A series of Half Poussettes can be used to move a couple from the top to the bottom of a short contra line. This is also known as a Wheelbarrow Reel.

Wheelbarrow Reel:

Begin in proper contra lines of four couples with all the gents in the right line facing their partners in the left. All join both hands with partner, chest high, elbows bent, each offering some support to the other by maintaining some muscular resistance in the arms.

Then the top man "pushes" his partner as he moves forward 4 steps, as all other men "pull" their partners as they move backward 4 steps. When clear of the others the top couple moves sideways down the set one position. After 4 steps out all couples reverse their direction; top man "pulling" and other men "pushing" back into lines in 4 steps. Continue pulling or pushing another 4 steps until the top couple can move around the third couple. The zigzag pattern continues through three counts of 8 until the top couple finishes at the foot of the set. All dance either forward or backward during the entire three actions, no one stops in these 24 counts. From the prompter's point of view the top couple will move to the left around the second couple, to the right around the third couple, and to the left around the fourth couple.

The following dances all use these ideas in various ways. Perhaps you will be inspired to find other interesting uses.

Proper Contra for 4 Couples

Wheelbarrow Reel

By Don Armstrong

Usage: This is a nice variation on the Virginia Reel concept.

Formation: Four couples in contra lines, all the men in a line on the caller's right, all the ladies in a line on the caller's left.

Music: "Red Wing", Lloyd Shaw E-42, Side B, Track 1, instrumental (Track 2, prompted by Don Armstrong)

Prompts:

Intro - - - -, All Forward and Back

1-8 - - - -, Turn Partner Right-Hand round

9-16 - - - -, Turn Partner Left-Hand round

17-24 - - - -, Turn Partner Two-Hands round

25-32 - - - -, Top Couple Wheelbarrow - push

33-40 - - - Reverse, - - - continue

41-48 - - - Reverse, - - - continue

49-56 - - - Reverse, - - - Dosado

57-64 - - - -, Long Lines Forward and Back

Description:

- 1- 8 All dance forward towards partner four steps and back up into starting lines four steps.
- 9-16 With pigeon-wing handhold, all turn partner once around by the right hand and return to starting lines.
- 17-24 Left pigeon-wing handhold, turn partner once around.
- 25-32 All join both hands with partner, chest high, elbows bent, right side to right side and walk around each other clockwise, and return to starting lines.
- 33-40 All rejoin both hands with partner, chest high, elbows bent, each offering some support to the other by maintaining some muscular resistance in the arms. Then the top man "pushes" his partner as he moves forward 4 steps, while all other men "pull" their partners as they move backward 4 steps. The top couple moves sideways around the second couple and then all couples reverse their direction. The top man "pulls" his partner as he moves backward 4 steps, as all the other men "push" their partner as they move forward 4 steps. Couple #1 is now between couple #2 and couple #3. (Also see Wheelbarrow Reel description on the previous page.)
- 41-48 The top man continues to "pull" his partner as he moves backward 4 steps, as all the other men continue to "push" their partner as they move forward 4 steps. The top couple moves sideways around the third couple and then all couples reverse their direction. The top man "pushes" his partner into the space between couple #3 and couple #4 while the other men "pull" their partners back into line.
- 49-56 Repeat the action of 33-40 with Couple #1 moving around couple #4 to end at the foot of the set.
- 57-64 All Dosado partner to end in proper contra lines ready to begin again with a new top couple.

Squares

Wheelbarrow Dosado

A Wheelbarrow Dosado equals a Full Poussette as described on page two. All Dancers return to their starting position.

Head Gents Push opposite lady to begin a Wheelbarrow Dosado (Gents Push, Ladies Push, Gents Push) . . .

Side Ladies Push opposite gent for Left Wheelbarrow Dosado . .

Heads Pass Thru and Separate Around Two to a Line . . . Forward and Back . . .

Join both hands with opposite, Ladies push for a Wheelbarrow Dosado . . .

In the center 4, Ladies push for a Left Wheelbarrow Dosado . . .

All 8 Circle Left . . .

Allemande Left, Promenade . . .

Half Poussette

After a Half Poussette the two interacting pairs have exchange places as described on page two.

Head Gents push opposite lady for a Half Poussette . . .

Side Gents push opposite lady for a Half Poussette . . .

Head Ladies push opposite Gent for a Half Poussette . . .

Side Ladies push opposite Gent for a Half Poussette . . .

Heads Pass Thru and Separate Around One to a Line . . .

Forward and Back . . .

Join both hands with opposite and in each 4, End Gents and Center Ladies Push for a Half Poussette . . .

In the center 4, the Ladies Push for a Left Half Poussette . . .

All Forward & Back, Pass Thru, Allemande Left, Promenade . . .

Circle Mixer

Lighted Sconce Circle Mixer

From Anne Marie Cohen,
CALLERLAB, Las Vegas 2000

Usage: This works best when there are at least 8 couples. There are a lot of turns for the ladies. Consider using the variation described at the end.

Formation: Single circle of couples all facing the center of the hall, lady on their partner's right.

Music: Lloyd Shaw CD with Hammered Dulcimer "Lighted Sconce" or "Fraulein" on Global Music 938

Prompts:

- Intro* - - - -, -- Circle Left
 1-8 - - - -, Lasso Girl around her partner
 9-16 - - - -, -- Circle Right
 17-24 - - - -, Lasso Girl around partner
 25-32 -- And a bit more, -- Push into Centre 4
 33-40 -- Back out 4, -- Dosado
 41-48 -- Move to left, -- Push in 4
 49-56 -- Back out 4, - same 2 Circle Left
 57-64 - Put lady on the right, - All Circle Left

Description:

- 1-8 All join hands and Circle Left for 8 steps.
 9-16 Partners maintain their hand hold while the Gents raise their right hand and guide their partner in a counterclockwise circle around the gent. Ladies will pass in front of their partner and then around behind him to end back where they began.
 17-24 All Circle Right for 8 steps.
 25-32 Lasso Girl around partner again as in 9-16 and ladies continue a bit more to end with the lady in front of gent with her back to center.
 33-40 Partners join both hands, gents push the lady into the center 4 steps, then back out 4 steps.
 41-48 Partners Dosado and then slide sideways to their left to face a new partner.
 49-56 New partners join both hands, gents push the lady into the center 4 steps, then back out 4.
 57-64 Same two Circle Left once around then release gent's left and lady's right hand hold to put lady on the gent's right back in the big circle. (See variation below.)

Easier Variation for 57-64: Some groups may find the final two-dancer Circle Left too disorienting. If so, try replacing it with "Ladies turn left to face in". Do this by maintaining the Gent's right and Lady's left hand hold so he can guide her under his right arm and into position beside him in the big circle.

Contra

Baker's Wife

By Stew Shacklette

Usage: If the "groups of 4" idea is new to the dancers then the progression concept must be explained.

Formation: Proper contra lines with all the gents in the right line facing their partners in the left line. Designate groups of 4 from the top. Within the 4 the couple nearest the top is #1, the other is #2.

Music: Any well-phrased Jig

Prompts:

- Intro* - - - -, Gent 1 & Lady 2 Forward & Back
 1-8 - - - -, Same dancers Dosado
 9-16 - - - -, Gent 2 & Lady 1 Forward & Back
 17-24 - - - -, Same dancers Dosado
 25-32 - - - -, Long Lines Forward and Back
 33-40 - - - -, All with Partner Dosado
 41-48 - - - -, Each four Circle Right
 49-56 - - - -, Join both hands Half Poussette
 57-64 - - - -, Gent 1 & Lady 2 Forward & Back

Description:

- 1-8 Gent #1 and Lady #2 move 4 steps towards each other then backup 4 steps to place.
 9-16 Gent #1 and Lady #2 Dosado.
 17-24 Gent #2 and Lady #1 Forward and Back.
 25-32 Gent #2 and Lady #1 Dosado.
 33-40 All Forward 3 steps & touch, Back 3 & touch.
 41-48 All dancers with their Partner Dosado.
 49-56 The same 4 dancers Circle Right once around
 57-64 Dancers join both hands with their partner for a Half Poussette. (Gent #1 and Lady #2 push their partner forward and slightly right until the pushers are back-to-back then pull back so that the couples exchange places.)
 The #1 dancers have progressed down one position. They look below (away from the prompter) for a new #2 couple to begin the dance again. Neutral couples at the top and bottom wait one full 64 beat sequence, change number and then rejoin the action.

Share Your Ideas

Do you have questions or a favorite Beginner, Community, Traditional or Contra dance?

Please send, suggestions and articles to:
 Dottie Welch, dwelch@orion.stmarys.ca
 415 Conrad Road, Lawrencetown,
 Nova Scotia, Canada, B2Z 1S3

Our goal is to publish three issues
 of the Community Dance Journal each year.