

## 2007 BDPL Seminar

The seventh annual Beginner Dance Party Leaders Seminar will be held on Saturday and Sunday just prior to the start of the 2007 CALLERLAB Convention in Colorado Springs, Colorado. The seminar will start at 9:00 A.M. on Saturday, March 31st and end at 1:00 P.M. on Sunday, April 1st. Cost will be $\$ 25$ per leader. Spouses and/or partners will be admitted free.

> 2007 BDPLS Topics and Presenters
> Grand March Variations by Gregg Anderson Working with Public School Systems by Dave Fullaway Mixers by Bob Riggs
> Dancing Outside of the Box by Calvin Campbell Play Party Games by Stew Shacklette How We Learn by Mark Harvey Teaching Techniques by Clark Baker \& Dottie Welch Beginner Dance Parties for the Handicapable by Michelle McCarty
> Dances for Elementary School Children by Chuck \& Becky Jaworski
> Alternate Music for Old Favorite Dances by Otto Warteman

There will also be an Open Microphone session at 4 P.M. on Saturday afternoon. All attendees are invited to bring dances, or music, or just stories of how we can learn to do our jobs better.

## Choreographer of "Jennie's Stars"

We printed a dance called "Jennie’s Stars" in the March 2006 CD Journal and asked for assistance in identifying the unknown choreographer. We thank Lori Morin for providing the following information.
"Jennie’s Stars" was choreographed by Joe Frisella with Dick Leger's assistance. It was named for Joe's wife, Jenny.

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## Other Pre-Convention Events

## Friday Evening Dance Party at Colorado College

For those arriving on Friday, Ron Counts and Kit Galvin have arranged a Beginner Party dance on Friday evening from 7:30-10:00. The location is Gaylord Hall in the Worner Student Center of Colorado College, 902 N. Cascade Avenue, Colorado Springs, CO 80903. The convention hotel is about 3 miles south of the campus. The dance will be open to college students on their College ID Card and to adults for $\$ 6$. The local Contra and Traditional Square dancers are assisting with publicity. Proceeds will be donated to the CALLERLAB FOUNDATION.
The planned program is a Beginner Dance Party with some Zesty Contras. If you are interested in participating in the program please contact Ron Counts at [coloradokit@hotmail.com](mailto:coloradokit@hotmail.com) or 719-598-8624.

## Sunday Afternoon Welcome Dance

As usual there will be a Welcome Dance featuring Community and Contra Dances from 3-5 P.M. on Sunday afternoon. Callers are encouraged to bring music on a CD and present a dance during this event.

## Rhyming Patter

Honour your partners corners address, Join your hands go way to the west.

Go all the way round and all the way back, Go all the way home in the same old track.

Allemande Left with your left hand, Dance right into the Right and Left Grand.

Swing them round for the good of the hall, Now Promenade your own wee doll.

Rooster is crowing, hen's on the nest, Swing the girl you love the best.

## Modern Squares

## Traditional Chase Figure

The next two dances feature two versions of a traditional Chase figure. This is fun to dance, but dancers must be cautioned to restrain themselves from too vigorous an interpretation of the Chase action. Small double-time steps (2 per beat) are the safest approach. The fun is in remembering the pattern and completing it smoothly.
In the Square version the action is a counter-clockwise Chase. In the Contra version the action is a clockwise Chase. For a description of the two actions please refer to beats 116 of the Traditional Square or beats 17-32 of the Contra.
For Modern Square Dancers, here are two versions that keep everyone involved in the action. Both are intended for use as a change partner figure in a singing call.

## Counter-clockwise Action:

Head Ladies Chain across, Heads Rollaway \& Pass Thru, Heads Turn Left go single file around the outside for Chase Lady round 2, Gent drop thru, Gent round 2, Lady drop thru, Same four Circle Left once, Swing your corner, Promenade.

Clockwise Action:
Heads Star Left to corner, Touch 1/4 (right arm turn 1/4), Side Lady U Turn Back, Heads Chase - Lady round 2, Gent drop thru, Gent round 2, Lady drop thru \& U Turn Back, Lines go Up and Back, All 8 Circle Left, Allemande Left new corner, Come back to Promenade.

## Traditional Square

## Open The Door

Usage: Without proper restraint this can be a bit wild. Emphasize the idea that the Chase is a graceful dance action in a pattern, not a race.
Formation: Square (Couple \#1 back to caller, \#2 to their right, etc. )
Music: These cues came from Wes McVicar's "75 Favorite Square Dance Calls". He suggested "The Campbells Are Coming" for music.

Prompts: (This is written in traditional call lines of 4 beats each.)

> Intro First lady lead and the gent follow
> Out to the right and go behind
> 1-4 Go round that couple in the grass and the dew
> 5-8 Lady in the lead and the gent drop through
> 9-12 Gent in the lead and you open the door
> 13-16 Lady go through and Circle four
> 17-20 Four hands up, once around
> 21-24 Big foot up and little foot down
> 25-28 Right and Left Through and lead to the next
> 28-32 Lady lead out and go behind

33-64 Repeat for couple 1 around couple 3 65-96 Repeat for couple 1 around couple 4

97-100 Now don't forget the Left Allemande
101-104 And away we go on a Right and Left Grand
105-108 Oh, the ace is high the deuce is low,
109-112 Meet your partner, Promeno (Promenade)
113-116 - - -
117-120 And all Swing in your places all
121-124 Second lady lead and the gent follow
125-128 Out to the right and go behind

## Repeat for the Second, Third and Fourth couples

## Description:

1-8 The first lady (lady in couple \#1) and her partner turn to the right and circle the second couple counter-clockwise. The lady goes around both dancers in couple \#2 but the gent cuts through between the pair and takes the lead as he turns to the left.
9-16 The gent now leads the second time around, this time going all the way around. As they pass behind the second couple the first lady cuts through to stand in front of the second gent.
17-24 The same four Circle to the Left once around.
25-32 Those four Right and Left Thru adjusting for the active couple to continue on around the next couple with the lady in the lead. The inactive couple should also continue their turn back into their home spot. (Traditional dances are often flexible in this regard.)
33-128 Continue the action as described above until all four couples have made their circuit around the square.
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## Contra <br> Honor Among Thieves <br> Penn Fix

Author's Notes about the name: This dance borrowed ideas from a traditional square dance figure and from a contra by Ted Sannella. It then went through two more revisions to reach this form.
Usage: Without proper restraint this can be a bit wild. Emphasize the idea that the chase is a graceful dance action in a pattern, not a race.
Formation: Contra Lines with couples 1, 3, 5, etc. active and crossed over. The Active couples will be referred to as 1 's, and the Inactive as 2's. Relatively short lines will give everyone an opportunity to be active.
Music: Clear 8 beat phrasing and no faster than 116 beats per minute

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Prompts:
    Intro --- -, Corners Dosado
        1-8 -- --, Same ones Right Arm Turn 1 1/4
    9-16----, Lady 1 around two and the Gent falls through
17-24----, Gent 1 around two and the Lady falls through
25-32 - - -, - - Circle Left 3/4
33-40----, - - Partners Swing
41-48----, Long lines go Forward and Back
49-56----, -- Ladies Chain
57-64 (Cross at the ends) - -, New Corners Dosado
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## Description:

1-8 Ladies turn to their right and Gents to their left to find their Corner (a new corner each time through). With that corner Dosado.
9-16 With the same dancer Right Arm Turn 1 1/4 around ending with the ladies facing out and the gents facing in.
17-24 The \#2 dancers stand on their spot acting as goal posts during the Chase sequence. Once the Chase has begun the \#2 lady should turn around to face in and watch the fun. The active (\#1) dancers chase each other using small double-time steps (2 per beat). The active lady begins by "running" around gent \#2 (the man on her right), straight across the set and around lady \#2. The active gent chases his partner across the set and around gent \#2, but then cuts between gent \#2 and lady \#2 turning to his right to take the lead.
25-32 The active gent now leads around gent \#2 and across the set around lady \#2 into the spot where he began the Chase. The active lady chases him across the set and around gent \#2, but then cuts between gent \#2 and lady \#2 and turns around to her right to end facing in across from her partner. The 1's are now below the 2 's.
33-40 The same four dancers all Circle Left $3 / 4$ around ending with the active couple ( 1 's) in the line on the prompter's left and the inactive couple (2's) in the line on the prompter's right.
41-48 Original partners Swing ending facing in, lady on the gent's right.
49-56 Long lines go Forward and Back.
57-64 The same two Ladies Chain across. At the ends lone couples will be neutral for one sequence. While waiting to reenter the action, the lady and gent change sides. 1's become 2's and vice versa.

## Line Dance

## Popcorn

Choreographer Unknown
Usage: Peppy, one spot dance
Formation: Solo Dance, spread out and face any direction
Music: "Popcorn" by Hot Butter, Collectables 3170 or other version

Prompts: (Lines are 4 beats each.)
Intro - - Right heel \& toe twice
1-4 - - Left heel \& toe
5-8 - - Right side \& touch
9-12 - - Left side \& touch
13-16 - - Right knee twice
17-20 - Left knee twice
21-24 - - Right \& Left knee
25-28 - - Clap \& Turn
29-32-- Right heel \& toe

## Description:

1-4 Touch right heel forward; Touch right toe to instep of left foot; Touch right heel forward; Bring right foot back beside left foot \& stand on it;
5-8 Repeat 1-4 using left foot.
9-12 Touch right toe to right side; Touch right toe to instep of left foot; Touch right toe to right side; Bring right foot back beside left foot and stand on it;
13-16 Repeat 9-12 using left foot.
17-20 Raise right knee up and slap it with right hand; Put it down; Repeat right knee up;;
21-24 Raise left knee up and slap it with right hand; Put it down; Repeat left knee up;;
25-28 Raise right knee up and slap it with right hand; Put it down; Raise left knee up and slap it with right hand; Put it down;
29-32 Clap hands together; Wait one beat; Jump with a $1 / 4$ turn in any direction; Pause one beat.

## Dances for Youth

Zippity Sicilian

Dottie Welch
Usage: When calling for school children it is useful to have a dance that accommodates any kind of partner pair, and minimizes hand contact. This dance was designed with those requirements in mind. Dip and Dive is a traditional square dance move much enjoyed by those with flexible waists. It is not recommended for dancers with large height differences.
Formation: Couples facing couples in a circle around the hall like spokes of a wheel. This dance needs at least 12 couples. Designate the couples facing counterclockwise as 1 's, and those facing clockwise as 2's.
Music: "Zippity Do Da", Chaparral 414

## Prompts:

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    Intro ----, - Star Right
        1-8 - - -, - - Star Left
    9-16 - - -, - - Outsides Dosado
17-24----, - - Insides Dosado
25-32----, - - Couples Dosado
33-40----, -- - -
41-48 - #1's Arch, Stamp - - Dive
49-56 - - #2's Arch, - - #1's Arch
57-64 - - #2's Arch, - - Star Right
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## Description:

1-8 Each group of four Star Right once around.
9-16 Same group of four Star Left once around.
17-24 In the same group the two dancers on the outside of the big circle Dosado with each other.
25-32 The two dancers on the inside of the big circle Dosado with each other.
33-44 Couples hold hands and dance as a unit to Dosado around the other couple. (Right-side dancers pass by each other's right shoulder, couples slide back-to-back, then back up with left-side dancers passing by each other's left shoulder.) This will take 12 beats.
45-48 After the Couples Dosado all dancers should be back in their starting location. Couple \#1 join their adjacent hands and raise them up to make an arch. Pause on the silent 5th beat then stamp once on each of beats 6,7 and 8 .
49-56 Both couples walk forward with Couple \#2 diving through the arch. Then Couple \#2 make an arch for a new Couple \#1 to dive through.
57-64 Continue the Dip \& Dive repeating beats 49-56 passing 2 more couples to meet a new couple.

Children's Polka Variation<br>German Folk Dance

Usage: The original dance has become a classic for good reason. It is simple enough for age 5 and up but fun for all ages. Here the scold action is replaced with a Dosado. This may be used as a mixer if so desired.
Formation: Begin with a big circle of partners then dancers turn to face their partner and join both hands.
Music: "Merry Christmas Polka", Double M 104

## Prompts:



## Description:

1-8 Moving towards the center of the big circle step to the side with the inside foot, close beside it with the other foot. Repeat this action. Then stamp 3 times on the spot.
9-16 Moving away from the center of the big circle, repeat 1-8 beginning on the other foot. (Side, Close, Side, Close, Stamp 3)
17-32 Repeat the action of beats 1-16.
33-40 Pat own knees twice, clap own hands twice, then clap both of partners hands 3 times.
41-48 Repeat the action of beats 33-40.
49-56 Dosado with partner.
57-64 Repeat the claps (33-40). (Or to change partners, pass by right shoulders to a new partner.)

Share Your Ideas
Do you have a favorite Beginner, Community, Traditional or Contra dance? Please send, suggestions and articles to:

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Our goal is to publish three
issues of the Community Dance Journal each year.

