## How to teach Track II by Ray Brendzy

## Callerlab Convention 2019

Definition-Starting formation-Completed Double Pass Thru. TIMING - 8
The dancers work in "tandem", that is, the trailing dancers follow the lead dancers. Those in the right "track" move single file to the left, counter-clockwise, staying to the inside of the dancers on the left "track", who move single file, clockwise, to the right on the outside. The movement continues as in a Double Pass Thru, until the dancers have reached parallel right-hand ocean waves.

Prerequisites - Partner Trade, Tag the Line, Extend
Partner Trade - Dance action: Two dancers exchange places by walking forward in a semicircle, passing right shoulders if they start facing the same direction. (See "General: Conventions and Rules: Passing Rule") Dancers end facing the opposite direction from their original facing directions.

Tag the Line - Each dancer turns 90 degrees, in place, to face the center of the line (i.e., turning toward the far end of the line) and starts walking forward, as necessary, passing right shoulders with dancers from the other half of the line. For $1 / 4,1 / 2$, and $3 / 4$, dancers stop at a Right-Hand Single $1 / 4$ Tag, Right-Hand Box Circulate, and Right-Hand Single 3/4 Tag formation, respectively.

Extend (the tag) - involves dancers moving forward from one tagging formation to the next. There are five eight-dancer tagging formations, which, in order, are as follows:

## Eight-dancer Tagging Formations

1. Double Pass Thru (Zero Tag)
2. Right-Hand 1/4 Tag
3. Right-Hand Ocean Waves (Right-Hand 1/2 Tag)
4. Right-Hand 3/4 Tag
5. Completed Double Pass Thru (Full Tag)

When teaching Track II, it is important that the dancers have a good understanding of the prerequisites before learning the call. I try to explain to my dancers why calls are named the way they are, and:

1. I first review partner trade from various positions, both standard and non-standard.
2. I review the concept of tagging the line, incorporating extend into my review. I want the dancers to understand how extend is a component of tag the line and I want my dancers to see all the extend positions of a tag the line.
3. Next, from a completed Double Pass Thru, I teach a tandem partner trade (Track zero), without using the term Tandem. Then I have dancers extend twice to the second tag positon.
4. I often call Track Zero and then extend twice to the second tag position.

## Extensions

1) Non-standard starting positions.
2) Left track II
3) Only Some dancers Track II
4) Track (to other positions)

## Standard Sequences

| Heads Square thru | Heads Star thru | Heads Star thru and Spread |
| :--- | :--- | :--- |
| Swing thru | Double pass thru | Slide thru |
| Boys run | Track II | Double pass thru |
| Ferris wheel | Swing thru | Track II |
| Double pass thru | Boys run |  |
| Track II | Ferris Wheel | Girls circulate |
| Recycle | Centers square thru 3 | Boys trade |
| Sweep $1 / 4$ |  |  |
| Slide thru | LA | Right and left grand |
| LA |  |  |
| Heads Star thru and Spread | Heads lead right circle to a line | Head pass thru |
| Slide thru | Pass thru | Separate around one to a line |
| Double pass thru | Wheel and deal | Star thru |
| Track II | Double pass thru | Double pass thru |
| Swing thru | Track II | Track II |
| Boys run | Swing thru | Swing thru |
| Ferris wheel | Right and left grand | Boys run |
| Centers slide thru |  | Couple circulate |
| Centers step back |  | Ferris wheel |
| Home |  | Centers square thru 3 |
|  |  | LA |

Non - Standard position

| Heads Square Thru | Heads star thru and spread | Heads star thru and spread |
| :--- | :--- | :--- |
| Swing Thru | Pass thru | Turn thru |
| Boys Run | Wheel and deal | Tag the line |
| Tag The Line | Zoom | Track II |
| Track 2 | Double pass thru | Swing thru |
| Split Circulate | Track II | Recycle |
| Boys Run | Explode the wave | LA |
| Pass Thru | Wheel and deal |  |
| Wheel \& Deal | Centers turn thru |  |
| Zoom | LA |  |
| Centers Pass Thru |  |  |
| LA |  |  |

Left Track II

| Heads pass the ocean | Heads star thru and spread | Heads slide thru |
| :--- | :--- | :--- |
| Double pass thru | Turn thru | Double pass thru |
| Left Track II | Tag the line | Left Track II |
| Boys cross run | Left track II | Left swing thru |
| Recycle | Boys cross run | Girls run |
| Square thru 3 | Boys run | Ferris wheel |
| Trade by | Ferris wheel | Centers square thru 3 |
| LA | Double pass thru |  |
|  | Partner trade |  |
| Centers slide thru and step back |  |  |
| Home |  |  |

Only some dancers Track II

| Heads star thru and spread | Heads star thru | Heads lead right |
| :--- | :--- | :--- |
| Pass thru | Double pass thru | Circle to a line |
| Partner trade | Face in | Left touch $1 / 4$ |
| Touch $1 / 4$ | Touch $1 / 4$ | Circulate |
| Boys Track II | Girls Track II | Centers box circulate |
| Girls extend twice (circulate) | Boys extend twice (circulate) | Girls left Trak II |
| Girls trade | Boys cross run | Boys extend twice (circulate) |
| Bend the line | Bend the line | Ferris wheel double pass thru |
| Pass thru | Pass thru | Leaders partner trade |
| Wheel and deal | Wheel and deal | Pass thru |
| Centers square thru 3 | Centers slide thru (step Back) | LA |
| LA | Home |  |

Track to another position

| Heads | Heads Slide Thru, | Heads pass the ocean |
| :--- | :--- | :--- |
| Star thru | Double Pass Thru, | Double pass thru |
| Double pass thru | Track 1, | Track 4 |
| Track 3 | Ping Pong Circulate, | Cloverleaf |
| Centers recycle | Extend, | Zoom |
| Trade by touch $1 / 4$ |  |  |
| Girls trade |  |  |
| Left square thru 4 |  |  |
| LA | Swing Thru, | Centers pass thru |
|  | Boys Run, <br> Ferris Wheel, <br> Double Pass Thru, <br> Partner Trade <br> Centers slide thru (step Back) <br> Home |  |

