## Cross Over Circulate

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From experience, I can tell you the worst possible way to teach Cross Over Circulate is to teach it from normal 2-Faced Lines. This is because it gives the dancers the false impression that Cross Over Circulate is a couples move. It is NOT.

The best way I've found to teach Cross Over Circulate is to teach it from Inverted Lines. Consider using the following sequence:

| Heads Square Thru 4 |  | Cross Over Circulate |
| :---: | :---: | :---: |
| Hinge | Cross Over Circulate |  |
| Cross Over Circulate |  | Cross Over Circulate |

Ends Face In
Centers Back Up
You're Home

To start this teach, call Heads Square Thru 4 and Centers In.
(You should have taught Centers In to an Inverted Line as your first teach of it in their beginners class, but that's a subject for another document.)

Stop the music and explain to the dancers they are now going to learn Cross Over Circulate. Tell them the Ends are going to Circulate to the next available Center position, and the Centers are going to Circulate to the next available End position, by following a same sex back.

Tell them if they are facing out, they will find the same-sex back to follow in their own line. Then tell them if they are facing in, they will find the same sex back to follow in the line in front of them.

Ready? Cross Over Circulate. Now Hinge. Follow the same sex back again.
Ready? Cross Over Circulate. Hinge. Again, follow a same sex back and Cross Over Circulate. Hinge. Keep following a same sex back.

Ready? Cross Over Circulate.
Looking good. Ends Face In, Centers Back Up, You're Home. Now let's do it again.
You now have the choice of starting with Heads or start with Sides. Start with Heads if there were some miscues along the way. This will help the dancers developed the proper muscle memory. This is the time to remind them to pass right shoulders with anyone coming towards them.

If they did well, do the sequence again beginning with the Sides so they have a different wall orientation for each time they do Cross Over Circulate.

There are four possible different dancer positions to be in when they dance Cross Over Circulate:

1. End facing in
2. End facing out
3. Center facing in
4. Center facing out

In the above sequence, all dancers have danced all four positions one time each.
For a little more variety and still have the dancers dance each of the four positions one time each, call Hinge and then do the entire Cross Over Circulate sequence and then finish with Cast Off $3 / 4$, so the sequence looks like this:

Heads Square Thru 4


Hinge


| Cross Over Circulate |  | Cross Over Circulate |
| :---: | :---: | :---: |
|  | Cross Over Circulate |  |
| Cross Over Circulate | Cast Off 3/4 |  |

Ends Face In Centers Back Up You're Home

Or, instead of calling Cast Off $3 / 4$ etc. you could call Hinge and Roll, then Pass Thru and Square Your Set, You're home.

Once they become proficient at dancing these sequences, you can begin calling other calls afterwards instead of resolving, such as:

1. Heads Square Thru 4, Centers In, Cross Over Circulate, Hinge, Cycle and Wheel, Centers Swap Around, Pass Out, Wheel \& Deal, Centers Sweep 1/4 and back up, You're Home.
2. Heads Square Thru 4, Centers In, Cross Over Circulate, Hinge, Cross Over Circulate, Any Hand $1 / 4$ Thru, Ends $1 / 4 \mathrm{In}$, Centers $1 / 2$ Sashay and back up, You're Home.
3. Heads Square Thru 4, Centers In, Hinge, Cross Over Circulate, Any Hand 3/4 Thru, Ends Pass In, Centers back up, You're Home.
4. Heads Square Thru 4, Centers In, Hinge, Cross Over Circulate, Centers Pass the Ocean, Cut the Diamond (a Partner Trade type of Cut, setting up 3X1 Lines), Tag the Line 3/4, Center Line Linear Cycle, Outsides U Turn Back, Centers back up, You're Home.
(Please notice if the cut is not done properly, this sequence still works, so you can correct the Cut error later.)
5. Heads Square Thru 4, Centers In, Hinge, Cross Over Circulate, All 8 Circulate, Cast Off 3/4, Cross Over Circulate, All 8 Circulate, Cross Over Circulate, Cross Over Circulate, Hinge, Ends Circulate, Centers Right \& Left Thru, Ends Pass In, Centers back up, You're Home.
6. Heads Square Thru 4, Centers In, Cross Over Circulate, Turn \& Deal, Partner Tag, Centers Trade, Partner Trade, Cycle \& Wheel, Centers Trade \& Roll and back up, You're Home
(Please notice how Partner Tag allows the dancers to not do Turn \& Deal correctly and you can still resolve the sequence. You can correct them and then call this sequence:)
7. Heads Square Thru 4, Centers In, Cross Over Circulate, Turn \& Deal, Boys Pass Thru, Cross Clover and Right \& Left Thru, Sides back up, You're Home.
