

CALLERLAB BASIC PROGRAM

Fun with the Basics

Circle Figures- Circle Left, Right, Promenade Family, Right and Left Grand Family, Half Sashay Family, Stars, Do Paso

Squared Set Figures – Goal Post Choreography, (Pass thru, Separate, Split Two, Come into the Middle) Stars, Promenade Family, Ladies Chain Family, Do Paso

Grand Square Variations – Sides/Heads Face, Men Face Partner's Ear, X number of steps

Thar Family – Shoot the Star, Slip the Clutch

Alamo Figures – Balance, Swing Thru, Left Swing Thru, Trades, Runs

Circulates - Couples, Boys, Girls, Ends, Centers, All Eight, Single File, Split, Box, Column

Trades – Boys, Girls, Couples, Partner, Ends, Centers

Runs – Boys, Girls, Centers, Ends, Cross Run

Themes – Lead Right, Left, Circle 4 ($\frac{1}{2}$, $\frac{3}{4}$, Full), Square Thru (1-5), Wheel Around, Bend the Line Flutterwheel/Reverse Flutterwheel, Veer Left, Right, Sweep $\frac{1}{4}$, Trade By, Goal Posts

Memorized Routines

*Head/Side Ladies Chain $\frac{3}{4}$, Head/Side Men Courtesy Turn her and Rollaway (Lines of 3)

*Head/Side Men Face Corner and Box the Gnat, Square Your Sets, Four Girls/Boys.....

*Head Men and your Corner Up To the Middle and Back, Same Four.....

*Side Men Take Your Corner and Your Partner Up To the Middle and Back (Lines of 3)

*Couples 1 and 2 , Right and Left Thru, Couples 3 and 4, Right and Left Thru.....

*Head Ladies Chain to the Right (1 and 2 Ladies Chain, 3 and 4 Ladies Chain)

CALLERLAB Convention 2017 by Mike Seastrom