CALLERLAB BASIC TEACHING CHECK LIST

March 13, 2017

Club_____Instructor_____

Start_____Complete_____# Students started_____# Graduated_____

LESSON CALLS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS
BASIC PROGRAM - PART 1																					
1. Circle Left / Right																					
2. Forward and Back																					
3. Dosado / *Dosado to a Wave*																					
4. Swing																					
5. Promenade																					
a. Couples (Full, 1/2, 3/4)																					
b. Single File Promenade																					
c. *Wrong Way Promenade*																					
d. *Star Promenade*																					
6. Allemande Left																					
7. Arm Turns																					
8. Right and Left Grand Family																					
a. Right and Left Grand																					
b. Weave the Ring																					
c. *Wrong Way Grand*																					
9. Left / Right Hand Star																					
10. Pass Thru																					
11. Half Sashay Family																					
a. Half Sashay																					
b. Rollaway																					
c. Ladies In, Men Sashay																					
12. Turn Back Family																					
a. U-Turn Back																					
b. Backtrack																					
13. Separate																					
a. Around 1 or 2 to a Line																					
b. Around 1 or 2 and Come Into the Middle																					
14. Split Two																					

LESSON CALLS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS
15. Courtesy Turn																					
16. Ladies Chain Family																					
a. Two Ladies Chain (Reg., 3/4)																					
b. Four Ladies Chain (Reg., 3/4)																					
c. *Chain Down the Line*																					
17. Do Paso																					
18. Lead Right																					
19. Veer Left / Veer Right																					
*16 c. *Chain Down the Line*																					
20. Bend the Line																					
21. Circulate Family																					
a. (Named Dancers) Circulate																					
b. Couples Circulate																					
c. *All Eight Circulate*																					
d. *Single File Circulate*																					
e. *Split / Box Circulate*																					
22. Right and Left Thru																					
23. Grand Square																					
24. Star Thru																					
25. California Twirl																					
26. Walk Around the Corner																					
27. See Saw																					
28. Square Thru (1,2,3,4) / *Left Square Thru (1,2,3,4)*																					
29. Circle to a Line																					
30. Dive Thru																					
BASIC PROGRAM - PART 2																					
31. Wheel Around																					
32. Thar Family																					
a. Allemande Thar																					
b. Allemande Left to an Allemande Thar																					
c. *Wrong Way Thar*																					

LESSON CALLS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS
33. Slip the Clutch																					
34. Shoot the Star/ Shoot the Star Full Around																					
35. Box the Gnat																					
*8 c. *Wrong Way Grand*																					
36. Trade Family																					
a. (Named Dancers) Trade																					
b. Couples Trade																					
c. Partner Trade																					
37. Ocean Wave Family																					
a. Step to a Wave																					
b. Balance																					
*21 c. *All Eight Circulate*																					
38. Alamo Ring Formation																					
39. Swing Thru / *Left Swing Thru*																					
40. Run / *Cross Run*																					
41. Pass the Ocean																					
42. Extend																					
43. Wheel and Deal																					
44. Double Pass Thru																					
45. First Couple Go Left / Right Next Couple Go Left / Right																					
46. Zoom																					
47. Flutterwheel / *Reverse Flutterwheel*																					
48. Sweep a Quarter																					
49. Trade By																					
50. Touch 1/4																					
*21 d. *Single File Circulate*																					
*21 e. *Split / Box Circulate*																					
51. Ferris Wheel																					

CALLERLAB MAINSTREAM TEACHING CHECK LIST

March 13, 2017

Club_____Instructor_____

Start_____Complete_____# Students started_____# Graduated_____

LESSON CALLS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS
MAINSTREAM PROGRAM																					
1. Cloverleaf																					
2. Turn Thru																					
3. Eight Chain Thru Eight Chain 1, 2, 3, etc.																					
4. Pass to the Center																					
5. Single Hinge/Couples Hinge																					
6. Centers In																					
7. Cast off 3/4																					
8. Spin the Top																					
9. Walk and Dodge																					
10. Slide Thru																					
11. Fold / *Cross Fold*																					
12. Dixie Style to an Ocean Wave																					
13. Spin Chain Thru																					
14. Tag the Line (In / Out / Left / Right)																					
15. Half Tag																					
16. Scoot Back																					
17. Recycle (from a wave only)																					

SUGGESTIONS FOR USE OF CHECK OFF LIST:

Put an X in the box corresponding to the movement and the night it was introduced.
Put an X in the box corresponding to the movement and the night it was next called and work shopped.
Put a / in the boxes when the movement is danced without difficulty and thereafter to keep track of calling the movement

NOTE: ***Calls in italic may be deferred until later in the teaching order.***

*Suggested Teaching Order

CALLERLAB recommends that the BASIC & MAINSTREAM Programs, calls 1-68, be taught in not less than 58 hours. We are currently working on a recommended teach time for just the BASIC program. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program. Calls in *italics* may be deferred until later in the teaching sequence.